

**South Carolina Department of Disabilities and Special Needs
Self Administration of Glucometer Review**

| Review time | Reviewer | Credential | Date |
|-------------|----------|------------|------|
| 1 | | | |
| 2 | | | |
| 3 | | | |

SCORING: If the individual can complete the task independently (without verbal prompts or manual assistance), place a 'Y' in the assessment results column. If the individual cannot complete the skill or requires verbal or manual guidance, place a 'N' in the assessment results column. **An individual is not considered 'independent' in the use of a glucometer unless all items are rated as 'Y'.**

Does the individual complete the following steps independently (without verbal prompts or manual assistance)? Record a Yes ('Y') or No ('N') in the appropriate column.

| Item | Review time | | |
|--|-------------|---|---|
| | 1 | 2 | 3 |
| Preparation: Locates and places the following items on a clean surface: | | | |
| Glucometer | | | |
| Test strips for the glucometer | | | |
| Lancing device and lancet | | | |
| Alcohol prep pad | | | |
| Log book or record sheet and pen/pencil | | | |
| Testing: | | | |
| Washes hands | | | |
| Opens lancing device and puts a lancet in without touching the needle | | | |
| Selects site for sticking - ensures sites are rotated | | | |
| Turns on glucometer | | | |
| Removes one test strip from container and close container | | | |
| Tears open the foil cover to get strip out | | | |
| Places test strip in glucometer | | | |
| Waits for the glucometer to indicate the glucometer is ready to use | | | |
| Wipes selected site with alcohol - allow to air dry | | | |
| Pierces selected finger with lancing device to obtain a drop of blood | | | |
| Puts one drop of blood on the test strip | | | |
| Waits for results to show on glucometer | | | |
| Applies light pressure on puncture site using alcohol prep pad | | | |
| Documents blood sugar reading in log book or on record sheet | | | |
| Clean up: | | | |
| Removes test strip and turns off glucometer | | | |
| Discards test strip in sharps container | | | |
| Removes lancet from lancing device without touching the needle | | | |
| Discards lancet in sharps container | | | |
| Discards contaminated items (i.e. alcohol prep pads) in appropriate receptacle | | | |
| Wipes off glucometer and places in proper storage area | | | |
| Washes hands | | | |